Contents

Acknowledgments		ix
Introduction		xi
List of Abbreviations		xxvii
1.	Belarus's and Ukraine's Quests for Democracy	1
2.	Polish Governmental Aid Programs	33
3.	The Solidarity Movement's Lasting Legacy:	
	Polish NGOs' Engagement in Democracy Assistance	64
4.	Demystifying Cross-Border Networks: Polish NGOs' Civil Society Assistance in Belarus and Ukraine	94
5.	Why Polish Democracy Assistance Matters	121
6.	Implications for Theory and Practice	153
Appendix 1. Interviews Conducted		163
Appendix 2. Interview Questions		165
Appendix 3. Polish Ministry of Foreign Affairs' Assistance Data		170
Appendix 4. NED Data on Cross-Border Work		171
Appendix 5. Typical Polish NGO Project Summaries		172
Notes		173
References		211
Index		243