Make Full Use of What Happens to You

In the face of broken build a tower of breath In the eye of deceit carve a hive of light In the rumble of regret fashion a new net In the oracular gut leaven what's left In the fall of grief, harvest winter wheat In the infested wound, bring leeches to swoon In the empty bed, writhe a pelvic bone In the stung heart, harrow a new song In Fortuna's backswing let fallow fill wings

Events Themselves Are Impersonal and Indifferent

What? You mean that steel step didn't mean to gash your toe? Nothing personal, your lover didn't care that you became a basket of frozen grapes

wintered on the isle of his

no-more-longing-for?

That the one whose jackaled heart burst on the bedroom floor: his death impersonal—indifferent—jinxed by chance?

Be a sleuth. Find the hidden opportunity

in misfortune's juba dance?

Plucked tail from the untwitching maggoty beast. Jangled grace in a man leveled by cancer-eating blood or bone—or her viral load.

Oh, forgive yourself for not jubilating in the shadows of this bosky perch, where light echoes off leaves the way words echo off your jaundiced heart.

Some gift. Yes, the impersonal thrift.

Know What You Can Control and What You Can't

Undress your wish to direct your nevertheless. Your chant of self-promo—just cant, your face—a faltering race

away from that withered fate. What others think is a sinkhole of jitters that drinks you

to fretting—and you'll miss the dance. So what if you live in a mosh pit of who did what to whom and what you blat

about someone will be blared about you. Why not abide inside the flicker of mind, a companionable controlled clime (your own thermostat, preset).

Power is such a fickle hour, mean wealth shackled to itself. Only by attending to what is outside

your purview (repute is a beaut) will you be undone. And that's no fun.